6.30 7.00 7.30 8.00 8.30 9.00 9.30 10.00 10.30 11.00 11.30 12.00 12.30 1.00 1.30 2.00 2.30 3.00 3.30 4.00 4.30 5.00 5.30 6.00 6.30 7.00 7.30 8.00 8.30 9.00 9.30 10.00

MONDAY

6 5 4 3 2 1
- RISE & SHINE LANE SWIM FROM 7.15am
- MEDICAL ADVICE SWIM
- AQUAFIT
- SCHOOLS
- CHILDRENS LESSONS
- SWIMMING CLUB
- ADULT SWIM TO FITNESS
- ADULT SWIM
- ADULT LESSONS

SP
- MEDICAL ADVICE SWIM
- BIG BATHTIME
- SCHOOLS
- CHILDRENS LESSONS
- LESSONS

DP

TUESDAY

6 5 4 3 2 1
- RISE & SHINE LANE SWIM FROM 7.15am
- SCHOOLS
- SCHOOLS
- LESSONS
- SWIMMING CLUB
- MASTERS SWIM
- POOL CLEANING

SP
- SCHOOLS
- BIG BATHTIME
- CHILDRENS LESSON

DP

WEDNESDAY

6 5 4 3 2 1
- RISE & SHINE LANE SWIM FROM 7.15am
- AQUAFIT
- SCHOOLS
- ADULT LESSON
- CHILDRENS LESSONS
- SWIMMING CLUB
- ADULT SWIM TO FITNESS
- STAFF TRAINING

SP
- CHILDRENS LESSONS
- SCHOOLS
- FUN TIME
- CHILDRENS LESSONS
- STAFF TRAINING

DP

THURSDAY

6 5 4 3 2 1
- RISE & SHINE LANE SWIM FROM 7.15am
- ADULT LESSONS
- SCHOOLS
- LESSONS
- SWIMMING CLUB
- AQUAFIT
- SCUBA DIVING
- ADULT LESSONS

SP
- CHILDRENS LESSONS
- SCHOOLS
- FUN TIME
- CHILDRENS LESSONS
- SCUBA

DP

FRIDAY

6 5 4 3 2 1
- RISE & SHINE LANE SWIM FROM 7.15am
- SCHOOLS
- SCHOOLS
- AQUAFIT
- SCHOOLS
- SCUBA DIVING
- SWIMMING CLUB

SP
- SCHOOLS
- BIG BATHTIME
- BIG BATHTIME
- CHILDRENS LESSONS
- SCHOOLS
- FUN TIME
- SCUBA DIVING
- SWIMMING CLUB

DP

SATURDAY

6 5 4 3 2 1
- ADULT SWIM TO FITNESS
- RISE & SHINE LANE SWIM 7.45-9.00am
- SPLASHTASTIC
- PARTIES / PRIVATE HIRE*
- CHILDRENS LESSONS
- ROOKIES
- LIFESAVING

SP
- CHILDRENS LESSONS
- FUN TIME
- SPLASHTASTIC
- FUN TIME
- PARTIES
- CHILDRENS LESSONS

DP

SUNDAY

6 5 4 3 2 1
- RISE & SHINE LANE SWIM 7.45-9.00am
- ADULT SWIM TO FITNESS
- CHILDRENS LESSONS
- JUNIOR SWIM TO FITNESS
- SWIMMING CLUB
- NPLQ TRAINING COURSE

SP
- CHILDRENS LESSONS
- FUN TIME
- CHILDRENS LESSONS
- CHILDRENS DIVING LESSONS

DP

6.30 7.00 7.30 8.00 8.30 9.00 9.30 10.00 10.30 11.00 11.30 12.00 12.30 1.00 1.30 2.00 2.30 3.00 3.30 4.00 4.30 5.00 5.30 6.00 6.30 7.00 7.30 8.00 8.30 9.00 9.30 10.00